

**NEXT MONTHLY MEETING (AGM) - 10 am on TUESDAY 14th May 2024**

# AGM Ravenshead u3a

We don't want to see lots of empty seats at our Annual General Meeting, so please come along and get involved in the running of Ravenshead u3a! We would love to see the place full!

St. Peter's Church Ravenshead, 10am  
Tuesday 14<sup>th</sup> May 2024

After the formalities of our AGM have been concluded, and socialising in the break, we will be entertained and educated by members of 3 of our Interest Groups.

To kick off we have a dance performance by our **Salsa Group**, followed the sharing of written pieces and a significant tribute by our **Writing for Fun!** group. To close, Bob Ford will lead us in **Chair Yoga** exercises, concluding with a relaxation session at the end.



**Please remember to bring your own mug for tea or coffee, and we'll provide the biscuits!**

*Torquay* Coach Holiday  
2 Excursions  
ONLY £355 pp  
Leaves 28th September for 5 days  
Join us for an Alfa Travel Coach Holiday to the English Riviera

**Join us for a 5 day / 4 night  
Coach Holiday to **Torquay****

More details on Page 6

Read the Trip Report for Calke Abbey on Page 13



Catch up with what John Butler has to say on Page 14

## RAVENSHEAD u3a 2024 ANNUAL GENERAL MEETING

# ANNUAL GENERAL MEETING

We give formal notification that the 2024 Annual General Meeting of Ravenshead u3a (Charity No: 1154123) will take place at **10am on Tuesday 14th May 2024 at St Peter's Church, Sheepwalk Lane, Ravenshead NG15 9FD**

# ANNUAL GENERAL MEETING

Please find links below to view/download the :

### Notification/Agenda

<https://u3asites.org.uk/files/r/ravenshead/docs/ru3anoticecumagendaagm2024.pdf>

### 2023 Approved Accounts

<https://u3asites.org.uk/files/r/ravenshead/docs/signedaccounts202321736.pdf>

### Minutes of the 2023 AGM

<https://u3asites.org.uk/files/r/ravenshead/docs/ru3aminutesof2023agmrev.01.pdf>

Nominations have now been received for all of the key Officer posts, including Treasurer & Business Secretary, but we are still seeking a member to undertake the Committee role of:

### Social Treasurer (including Trips)

**PLEASE GIVE SERIOUS CONSIDERATION TO JOINING THE COMMITTEE IN THIS POSITION**

We are also still looking for an

### Independent Financial Examiner

(non-committee role) to verify our annual accounts for 2024 and beyond

Although the date for nominations has now closed, our Constitution does allow members to be co-opted onto the Committee at any time during the year for a term of office until the next AGM.

## OUR KEYNOTE SPEAKER FOR JUNE - DAVID SKILLEN

**u3a** learn,  
laugh,  
live

### Monthly Meeting

Tuesday 11<sup>th</sup> June 2024 10am  
St. Peter's Church  
Ravenshead

**Speaker: David Skillen**

**Title: The Gretna Girls and the Devil's Porridge**

In this fully illustrated talk we will look closely at the fascinating story of the people who lived and worked at Gretna making the very dangerous 'Devils Porridge'.



## 2024 u3a NATIONAL FESTIVAL AT YORK UNIVERSITY CAMPUS : 18th-20th JULY



The u3a Movement are holding their first ever **u3a National Festival** at the **University of York Campus** from **18th to 20th July 2024**, where invited u3a facilitators from around the country will be delivering a wide range of activities, which will include : **Talks, Sporting Activities, Musical Entertainment and Workshops**, and which will make the event something to remember.

Tickets are available to purchase via Eventbrite at : <https://www.eventbrite.co.uk/e/u3a-festival-24-tickets-851586085907> and **ticket sales will close on Monday 3rd June.**

If you wish to attend you can find out more at : <https://www.u3a.org.uk/events/festival-2024> and view the Festival Programme at <https://www.u3a.org.uk/event-downloads/u3a-festival-programme-pdf/>

## NEW TRIP! - CHOOSE THE u3a NATIONAL FESTIVAL OR YORK CITY CENTRE : FRIDAY 19th JULY




**We are giving preferential booking to those wishing to attend the u3a National Festival at the University of York Campus until ticketing for the event closes on Monday 3rd June.**

The RCT transport will cost **£18pp** which excludes a Festival entry ticket (Cost £8 : must be purchased separately)

**We are creating a waiting list for those wishing to solely visit the City of York for the day and not attend the festival. Allocation of remaining places on a first come, first served basis after 3rd June.**

**The trip will leave Ravenshead at 8am** and return from the University at **5pm**. The minicoach will drop the Festival attendees off at the campus and then proceed to the York City Centre drop-off point, and then collect those at the City Centre rendezvous point at 4pm before returning to the University campus, picking up the festival goers and then back to Ravenshead. Travel time is estimated at 2 hours each way.

OUR NEW WEBSITE IS NOW 'LIVE' AT [www.ravenshead.u3asite.uk](http://www.ravenshead.u3asite.uk)


Charity: [1154123](#)
Ravenshead

[Welcome](#)
About Us ▾
Groups
Events
Membership
News
Resources ▾
Links
Search ... 

**Welcome! We're pleased you found us!**

Groups
Trips
Join

**Enjoyable, Educational and Sociable Activities for older people.**

Some considerable time ago, in November 2022, our old SiteBuilder website, along with those of over 700 other u3as, was taken down overnight by the hosting company contracted to the u3a Third Age Trust, and the content was lost forever.

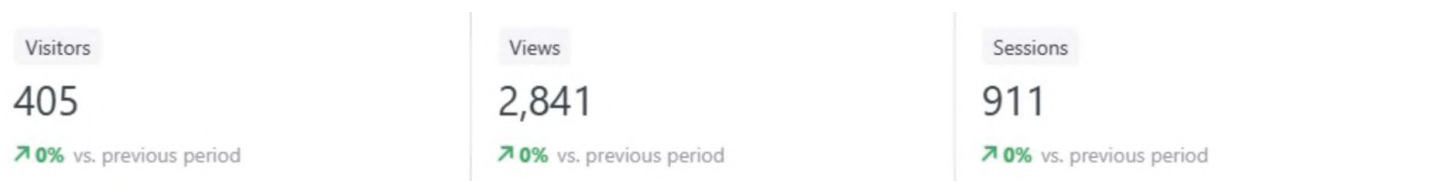
The u3a Trust had no immediate resolution available for the loss, so within a week of the hiatus we ourselves purchased a new website domain and within a week created our own hosted Wordpress website at [ravensheadu3a.org.uk](http://ravensheadu3a.org.uk) in order to maintain an online presence.

The old and familiar u3a SiteBuilder website was eventually restored by the Third Age Trust from a very old out-of-date partial backup after a couple of months, but minus all documents, links and images.

The two websites were then maintained in parallel for the whole of 2023 and early 2024 in anticipation of the migration of the old incomplete SiteBuilder website to a new platform being developed by u3a Trust volunteers at the national level, called u3a SiteWorks.

We are pleased to report that from the end of April 2024 we now have just the one website, thanks to the considerable efforts of our web admin Terry Moore, with guidance from a SiteWorks Trust volunteer called Sue Bailey, and with reference to a 174 page Website Migration Manual!

For the next few months, you will be redirected from any old website links you may have saved, but rest assured that most search engines are now finding our new website, and our online analysis tools show that our website is already attracting plenty of interest.



Do go check out the much improved content, navigation, news, resources and information about our Groups and Trips. Go to [www.ravenshead.u3asite.uk](http://www.ravenshead.u3asite.uk)

## OUR NEW WEBSITE IS NOW 'LIVE' AT [www.ravenshead.u3asite.uk](http://www.ravenshead.u3asite.uk)

A considerable amount of time was spent in designing an easy to navigate layout that would make it very simple for our members to find out everything they need to get best value out of being a u3a member, whilst being visually appealing and interesting to any member of the public checking out what Ravenshead u3a is about for the very first time.

The top line Menu has been altered and condensed, with button links instead within the page content, and the layout of our Groups Summary and the individual Groups pages have been considerably enhanced. If you do find information that is out of date, or incorrect, then please do email Terry Moore with details via the contact form on our page at : <https://ravenshead.u3asite.uk/contact/>.

## Interest Groups



### We have nearly 40 active Interest Groups

Our Groups Coordinator, Anne Eldridge, is the link between the groups and the committee and can be contacted via the [Contacts](#) page or the direct link below. Group leaders and other members give their time voluntarily to plan and organise interest group activities. If any member wishes to start a new group, please contact Anne. We are always looking for new ideas.

Please check with group leaders using the link on the group page or contact [Anne Eldridge](#) for more information.

Click on any of the following group names to see the individual group page on this website. These may have extra details and photographs. Each Group page has a contact form link to enable you to send an email message to the group leader. Also see the **Beacon** links at the bottom of the page for Calendar and Groups.

Use the buttons below to sort the groups in several ways such as by category or day of the week.

Alphabetical

By category

By meeting day

By venue

## Diary of Meetings Trips and other Events

Please scroll down the page to see a list of forthcoming monthly meetings, trips and other events. (Click on the heading of each one to see all the details.) They are organised for all members of Ravenshead u3a to attend.

Click on the links below to view Event details:



All enquiries about Trips & Holidays contact: [Halinka Rajchel](#)

### Forthcoming events

8th May 2024

[Calke Abbey 1 - National Trust - Ticknall](#)

## RAVENSHEAD u3a ALFA TRAVEL COACH HOLIDAY TRIP TO TORQUAY



# Torquay

## Coach Holiday 2 Excursions

### Leaves 28th September for 5 days

ONLY  
£355  
pp

Join us for an Alfa Travel Coach Holiday to the English Riviera

Accommodation will be 5 day / 4 night Half Board at the **Metropole Hotel, Torquay**, which is located within a few minutes walk of the harbour, marina, seafront with its sandy beaches and the town centre shopping area.

The Metropole Hotel features a bar, extensive lobby, lounge, and a large entertainment room. A full Leisureplex menu plus the Chef's nightly specials are served in the bright, airy dining room.

All guest bedrooms are en-suite and feature Freeview TV and tea/coffee making facilities. Rooms are mainly Double or Twin beds, and your preference should be stated on booking. A very small number of single rooms are available. Seaview rooms are available for a supplement of £35.

Included in the itinerary is one day at your leisure in Torquay, and two full-day coach excursions.

We will be visiting **Plymouth**, the famous maritime City with its historic Barbican district, Hoe & Sound, and **Teignmouth**, the Gem of South Devon, with its pier and Georgian architecture.

**A Deposit of £50 pp** is payable upon booking. **Contact Halinka Rajchel, Ravenshead u3a's Trips Coordinator** to book your place, and bring cheques made out to "Alfa Travel" to a Ravenshead u3a Monthly Meeting or a Weekenders Group meeting. You can also deliver or post cheques to Halinka at an address she will advise. There is an option to pay Alfa Travel directly by bank transfer/credit/debit card, but speak to Halinka in the first instance to book.

Alfa Travel Limited are an employee owned company based in Chesterfield, and are members of the Bonded Travel Organisers Trust ABTOT  
They are a company registered in England and Wales with company number 02326610.  
Their registered office is at Alfa Building, Euxton Lane, Euxton, Chorley, Lancashire, PR7 6AF.  
See their Booking Conditions at <https://www.alfatravel.co.uk/booking-conditions> including a Travel Insurance requirement  
See their Travellers Rights Statement at <https://www.alfatravel.co.uk/traveller-rights/>



Contact Halinka Rajchel on 07762 802112  
or email her at [trips@ravensheadu3a.org.uk](mailto:trips@ravensheadu3a.org.uk)



## GROUPS UPDATE FROM ANNE ELDRIDGE - GROUPS CO-ORDINATOR

If anyone needs any further information on the following, please contact Anne by email at: [groups@ravensheadu3a.org.uk](mailto:groups@ravensheadu3a.org.uk) or the relevant Group Leader via the **website**.



### 1. EXPRESSIONS OF INTEREST

If anyone is interested in joining one of these possible new Groups, please contact me.

- 1.1. Play Reading - The Planning meeting booked for 21st February had to be postponed. A further date will be organised shortly.
- 1.2. Art Appreciation - Visits to galleries, talks etc envisaged.
- 1.3. Madrigal Singing - unaccompanied singing, no experience necessary.
- 1.4. 'Sewing' - No precise focus as yet but open to all ideas - what sort of sewing would you like to see?

### 2. BITE SIZED SESSIONS

15 members took part in our first, highly successful, Tai-Chi Workshop. Huge thanks must go to Joan Geddes who facilitated the Workshop for her enthusiasm and introducing us to this gentle form of exercise. Plans are afoot to hold a further Tai-Chi Workshop sometime in June.

We would like to run more of these Bite-Sized sessions which may be on any subject or interest you wish. I would love to hear from any of you who feel you could facilitate a Workshop or even run two or more sessions at regular intervals. This is an opportunity for those who do not want the time commitment to become a Group Leader.

You don't need to be an expert - all you need is enthusiasm for your subject.

If you feel you may be able to contribute, please contact me via the website and we can discuss what is involved with absolutely no obligation if you don't feel comfortable with progressing it.

### 3. NEW GROUP - BRIDGE BUDDIES

The emphasis of this new Group is for players of all levels of expertise to enjoy a game in a relaxed friendly environment. Cindy and Paul Rossiter are the Group Leaders and Meetings will be held on the fourth Wednesday of each month in the Brammer Room at the Village Hall. The first meeting will be held on Wednesday 22nd May and if anyone wishes to join them, please contact Cindy via the website.

### 4. MOST RECENTLY FORMED GROUP

Molky (Finnish Skittles) is now fully up and running and meeting on the second and fourth Thursday of every month from 11 am until 12 noon outside the Village Hall.

No experience is necessary but, as this is played outside, suitable clothing is needed. For more information about the game, please contact the Group Leader, **Ray Hardy**, via the website or just turn up at the meeting.



### 5. SHOWCASED GROUP AT OUR MAY AGM MEETING

Our Showcased Group at the May monthly meeting will be the **Wine Group 3**, led by GL **Cindy Rossiter**. The group meets monthly on the evening of the 4th Monday from 7:30 pm-10:00 pm in a home of a group member.

## NEWS FROM OUR ACTIVITY & INTEREST GROUPS

### ARMCHAIR TRAVELLERS GROUP - CORSICA

This month, seven members were whisked away in their armchairs to Corsica, the island of beauty. Most of the group had never been to the Mediterranean island and not much was known about the island.

Thus we learnt that it is one of the 26 regions of France but with slightly more reaching powers than the mainland territories., (perhaps a bit like Scotland or Northern Island). Obviously French is the predominant language but Corsu is widely spoken and taught in schools, and to get into the spirit of Corsica we started our journey listening to a Corsican male choir singing in their native language.



The real claim to fame for Corsica is that it is the birth place of Napoleon Bonaparte, in Ajaccio, which occurred one year after the Genovese authorities sold the island to France. Just think, if they had kept the island, Napoleon would never have entered French military school and this would have changed the course of history.

After the short history lesson, we watched a few video which showed the beauty of the mountains (twice as high as Ben Nevis), sometimes with snow, the interesting coastline and beaches with crystal clear waters, and the cute villages perched on the sides of mountains.

The mountain areas are particularly beautiful. There are lots of citadels which were built to protect their local populations. Narrow twisting roads zig zig around the island, with deep drops by the side of the road offering challenges to drivers brought up on driving on the left hand side of the road! Narrow streets and small town squares complete with a statue of some functionary, giving the picture of a relaxing place of bars and bistros, with a glass of good red wine. This would have to be Corsican wine as very little wine leaves the shores of Corsica.

The videos gave a quick glimpse of the towns of Ajaccio, Calvi, Bonifacio, Bastia and Sartre.

The sights of Corsica can be matched with the smell of wild flowers and Corsican pipe trees, and since there are several regional microclimates according to the altitude, there will always be different to observe.



Everybody was enchanted by Corsica and it should be on everybody's bucket list

For more information about the Group contact **Group Leader - Trevor Smith** via the website.

## NEWS FROM OUR ACTIVITY & INTEREST GROUPS

### ANTIQUES GROUP

In April the group looked at **Quality British Furniture** manufactured by two different furniture makers.

We followed the history and looked at the exquisite design & construction of pieces by **Gillows of Lancaster**, started by Robert Gillow in the 1730's. In the final years of the 19th century the company ran into financial difficulties and was later absorbed by Waring's of Liverpool to become **Waring & Gillow** in 1903.

The multitude of Waring & Gillow furniture designs are fully catalogued and items of furniture are still much desired by collectors for their quality.



We also looked at traditional furniture from the 20th century maker **Ercol**. Started in the 1920's in High Wycombe with furniture ranges based on the iconic Windsor chair, the manufacture of steamed timber chairs, settees, tables and wall units was shown in videos describing the manufacturing process and workmanship involved.

The title for the May meeting is "**Antique & Vintage Pottery Throwback**" looking at pottery pieces from old established and often now defunct studio potteries around the UK..

The group meet at 2pm on the 3rd Thursday of the month in a member's home.

**John Butler - Group leader** - Contact him through the link on the website.

### PICKLEBALL GROUP

Pickleball is a sport in which two players (singles) or four players (doubles) hit a perforated, hollow plastic ball with a solid paddle (resembling a large table tennis bat) over a 34-inch-high (0.86 m) net until one side is unable to return the ball or commits a rule infraction.

It was invented in 1965 as a children's backyard game in the United States, and has subsequently become very popular with older generations in the USA and worldwide..

While it resembles tennis and table tennis, pickleball usually has separate rules and court dimensions.

In reality, the group utilise the badminton courts at the Ravenshead Leisure Centre. The hard plastic ball used in pickleball produces less bounce than tennis balls and is hit with a short handled paddle.

On each side of the net is a 7-foot area (2.1 m) known as the non-volley zone (or the Kitchen), and the ball must bounce outside the zone on both sides before can be hit inside the zone.

Only the server can score a point. The minimal amount of bounce, the non-volley zones, and the underhanded stroke with which all serves are made, give the game a dynamic pace.

The group meet on the 1st & 3rd Fridays from 1:45 pm-2:45 pm at Ravenshead Leisure Centre.

**John Clay & Alan Ratcliffe - Group leaders** - Contact them through the link on the website.



## Ru3a TRIPS UPDATE FROM HALINKA RAJCHEL - TRIPS CO-ORDINATOR

### TRIPS INFORMATION for May to October 2024

**IF YOU WISH TO BOOK A TRIP PLEASE SEE HALINKA RAJCHEL OR ALAN WALKER AT OUR MONTHLY MEETING OR AT A 'WEEKENDERS' GROUP MEETING.**

If paying by BACS, please make payments to :

**Ravenshead u3a Social Account**

**Co-op Bank Sort Code:- 08-92-99 Account number:- 65552700**

**Add your Surname followed by the Trip e.g Smith-Eastwood**



**Contact details for Halinka Rajchel: Mobile: 07762 802112. Email: [trips@ravensheadu3a.org.uk](mailto:trips@ravensheadu3a.org.uk)**

**IMPORTANT NOTICE: Once you have paid for a trip, it is very important to let Halinka know if you are unable to go for whatever reason, as we have reserve lists and members may be able to go in your place. If someone goes in your place, you will be entitled to a refund!**

### PROPOSED CHANGE IN TRIP ARRANGEMENTS

In order to accommodate those in the village without cars, and those travelling into Ravenshead from elsewhere on public transport, in addition to the starting point at the Sherwood Ranger on Chapel Lane we are proposing to add a possible additional central pickup point for trips in the Milton Court precinct car park adjacent to village shops, dependent upon demand.

To ensure a punctual departure to the chosen venue, this will mean that the mini-coach will leave the Sherwood Ranger promptly at the advised time.

### Leicester Cathedral, with an optional visit to the Richard III Visitor Centre

**Friday 17th May 2024 - PLACES AVAILABLE**

Departing from The Sherwood Ranger at **9.30am**.

**Cost of travel is £10**

The RCT mini-coach will drop us off in the City Centre close to the Cathedral where Richard III's bones are interred, and you will have time to visit the Richard III Visitor Centre nearby. **Entrance to the Visitor Centre is £9** for those 60+. No group tour is available on this occasion.



The Normans began the construction of the original St Martin's church of around 900 years ago. It was rebuilt and enlarged between the 13th and 15th centuries and became the 'Civic Church', with strong links with the merchants and guilds (with the Guildhall being located nearby)

Just over 100 years ago the Victorian Architect, Raphael Brandon, magnificently restored and, in places, rebuilt the church, including the addition of a 220ft spire. When the Diocese of Leicester was re-established in 1927, the church was hallowed as Leicester Cathedral. In 2015 King Richard III was reinterred in the Cathedral. In 2024 the Cathedral reopened after 22 months of redevelopment.

### TRIP REFUNDS

Where refunds become payable, they can be claimed in person from Alan Walker on the Trips Table at our Monthly Meetings or at the next Weekenders meeting.

## Ru3a TRIPS UPDATE FROM HALINKA RAJCHEL - TRIPS CO-ORDINATOR

### Flag Fen Bronze Age Settlement & Peterborough City Centre

**Thursday 23rd May 2024 - PLACES AVAILABLE**

Departing from The Sherwood Ranger at **9am**. **Cost is £21** including travel & the entrance fee to the Flag Fen Settlement.

The RCT mini-coach will drop us off for a guided tour of the ancient Flag Fen Settlement site and then take us into Peterborough City Centre.

The story of Flag Fen began in 1971 when excavations ahead of the construction of Peterborough New Town revealed an almost intact Bronze Age landscape, which ran along the edge of the drained fen.

There will be time afterwards to explore Peterborough City Centre, have lunch and visit the Peterborough Cathedral (free entry)



### Calke Abbey - A National Trust property near Ticknall in Derbyshire

**Wednesday 12th June 2024 - 1 PLACE AVAILABLE**

Departing from The Sherwood Ranger at **9.30am**.

**Cost of travel is £8.** Entrance for National Trust members is free.

**Non-NT member Entrance Fee for Hall & Parkland is £12.50,**

Parkland only is £7.50

With peeling paintwork and overgrown courtyards, Calke Abbey is an un-stately home and country estate that tells the story of the dramatic decline of a country house estate. The house and stables are little restored, with many abandoned areas vividly portraying a period in the 20th century when numerous country houses did not survive to tell their story.



### Coventry Cathedral & Herbert Art Gallery & Museum,

**Monday 17th June 2024 - PLACES AVAILABLE**

Departing from The Sherwood Ranger at **9am**. **Cost of travel is £15**

The RCT mini-coach will drop us off for a tour of the Herbert Art Gallery & Museum adjacent to both the ruins of the bombed out old Cathedral and the stunning new Coventry Cathedral that was built next to it post-WW2 to a design by Sir Basil Spence.

Ranging from tiny insects to large industrial machinery, from everyday household objects to artworks by world-famous artists the Herbert collection covers a vast array of topics, time and themes including: Archaeology, Social and Industrial History, Visual Arts & Natural History

There will be plenty of time to explore Coventry and have lunch before returning around 3pm.



## Ru3a TRIPS UPDATE FROM HALINKA RAJCHEL - TRIPS CO-ORDINATOR

### Bakewell International Dance Festival

**Saturday 29th June 2024 - Both Buses TRIP FULL - SOLD OUT**

Departing from the Sherwood Ranger at **9am. Cost of travel is £7**

There are numerous dance shows starting at 11am in various outside venues in the town all within two minutes walking distance from each other.

There is also the farmers market and an opportunity to view a well dressing in Bakewell. An opportunity not to be missed.

The dance shows finish at approx 4pm. If we have rain, the dances will be held in the town hall.



### Ru3a Mablethorpe 'FUN DAY OUT' Summer Trip

**Monday 1st July 2024 - TRIP FULL - SOLD OUT**

Departing from the Sherwood Ranger at **9am.**

**Cost of travel is £16**

**For Trippers who paid a £10 deposit, a balance of £6 is now due**

There is so much to see and do in Mablethorpe : from strolling along the golden sands, taking a trip on the famous Sand Train, having fun in the beach side Fun Fair, through to a ride on the Miniature Railway or hiring a boat on the lake at Queens Park.



### Kedleston Hall - A National Trust property near Quarndon in Derbyshire

**Friday 5th July 2024 - TRIP FULL - SOLD OUT**

Departing from The Sherwood Ranger at **9.30am. Cost of travel is £8.** Entrance for National Trust members is free. **Non-NT member Entrance Fee for Hall & Parkland is £18**, Parkland only is £8

Kedleston Hall is an 18th-century mansion with Adam interiors, surrounded by vast parkland.



### Tattersall Castle - A National Trust property near Coningsby in Lincolnshire

**Tuesday 16th July 2024 - 1 PLACE AVAILABLE**

Departing from the Sherwood Ranger at **9am.**

**Cost of travel is £11**

Entrance for National Trust members is free. **Non-NT member Entrance Fee for Hall & Grounds is £12.50**

Rising proudly from the flat Lincolnshire fens, Tattershall Castle, with its huge Gothic fireplaces and church-like windows, was designed to impress. Built by Lord Ralph Cromwell, Treasurer of England, it was designed to show off his wealth, position and power.



**Ru3a TRIP REPORT - CALKE ABBEY, DERBYSHIRE**

On Wednesday 8th May the 1st group of Ravenshead u3a trippers visited Calke Abbey to see a National Trust un-stately home and grounds that tells the story of the dramatic decline of a country house estate, and were given a guided tour of the gardens. Photos kindly supplied by John Butler & Clive Aveyard.



## NEW MEMBERS' WELCOME MEETING - TUESDAY 28TH MAY 10am to 12noon

We are holding a New Members' Welcome Meeting in Room 1 at The Centre at St Peter's at 10am on Tuesday 28th May.

Members of the Committee will explain what they do in their roles, inform those present about the u3a movement nationally, regionally & in Nottinghamshire, and also give insights into Ravenshead u3a : what it does and what we offer members as a local charity.

We will share videos and slides showing the variety of Group activities and Trips available, how groups are supported by our Groups Coordinator, and a run through of our new website and where to find things.

Contact Andy Bebbington through the link on the website if you would like to attend.

## u3a MATTERS MAGAZINE



You should by now have received in the post the u3a Members' Magazine, now renamed **u3a Matters** magazine.

As long as you have not chosen to opt out of having it delivered, a copy will be delivered to your door by post 5 times a year.

If you haven't received yours yet please contact Andy Bebbington.

## THE u3a FRIENDS NEWSLETTER



The Third Age Trust have recently relaunched their u3a online newsletter as the **u3a Friends Newsletter**. This enables them to develop their relationship with you as individual u3a members and also with supporters of the u3a movement elsewhere.

Those who choose to join the u3a Friends community will be able to access exclusive offers and services, in addition to news and stories from across the u3a. If you are not yet subscribed to the u3a Friends newsletter, [Sign Up Here](#). You can view FAQs about the initiative [HERE](#)

## CHAIR'S CHAT

Thank You to everyone who attended our Drop-in Social Coffee Morning on Saturday 27th April and made it a great success.

I do hope that you enjoyed the refreshments and cake, and had plenty of interesting chats with your fellow members and the guests who showed up on the day.

To make the most out of your membership, we encourage you to try out more of our Groups and Trips, because if you never experience them you'll never know what you're missing out on!

Finally, here's a reminder that you can still contact us using old fashioned phone technology on **0300 030 2990**



I do look forward to seeing many of you at our AGM on **Tuesday 14th May 2024 at 10am**

*John Butler*

Chairman - on behalf of the Committee of Ravenshead u3a